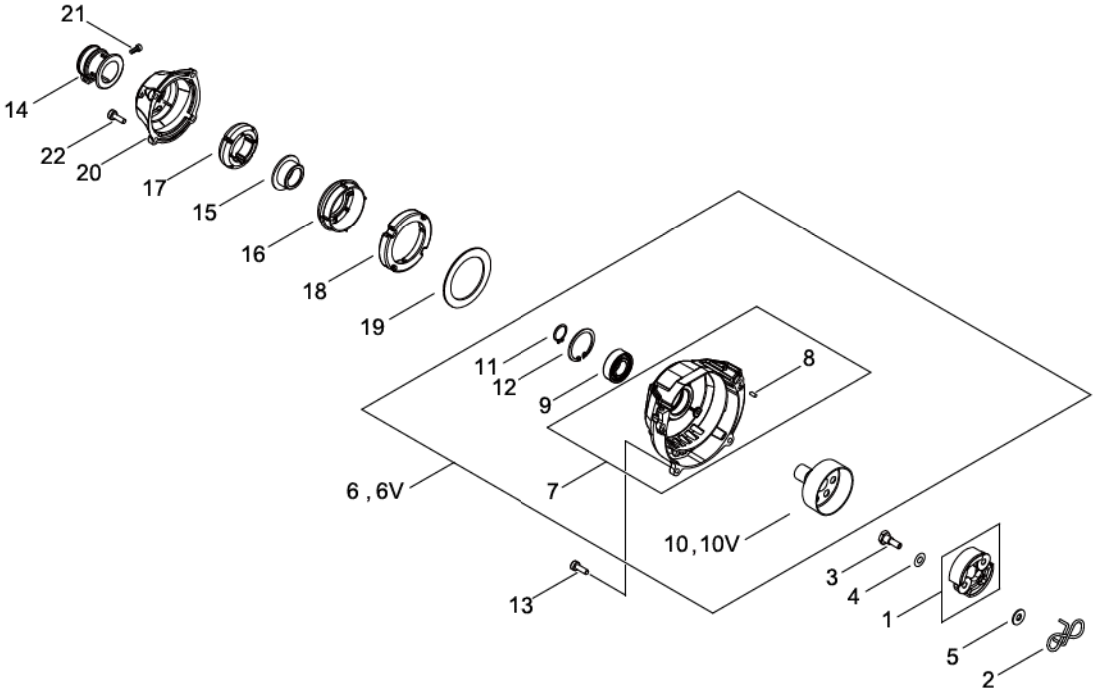クラッチ